

CASE STUDY

How Strategic Case Management Delivered \$715K in Savings for a 2.3x ROI

As the platform to simplify healthcare, Välenz Health® offers solutions to support health plans in optimizing the cost, quality, and utilization of care for everyone.

Through a longstanding partnership, Valenz helped a TPA group contain rising health plan costs while delivering high-quality care through its Case Management solution. By engaging early and often to guide members to smarter care choices, Valenz ultimately delivered \$715,037 savings and a total 2.3:1 return on investment for the group.

Challenge

A TPA group in the Mid-Atlantic covering 5,224 lives sought to contain rising health plan costs driven by high-risk member utilization and spend.

Solution

To reduce unnecessary healthcare spend, Valenz deployed its Case Management solution (part of the Valenz Clinical Engagement suite) to identify high-risk members early in their care journeys.

Nurse Case Managers guide members through complex health episodes by helping them understand their condition and treatment options — monitoring rehabilitation and recovery progress, providing support for specialty medications, and evaluating prescription drug regimens to ensure safety, effectiveness, and the most cost-efficient options.

Through this proactive, personalized approach, the Valenz team helps to reduce high-dollar claim events, containing plan spend while maintaining high-quality care for vulnerable populations.

Results

Since implementing the Case Management solution, the TPA group has experienced significant improvement in cost containment and member engagement.

In 2025 alone, Valenz identified and referred 17% more high-risk opportunities for case management year over year. Average member participation with the program reached 47%, resulting in 20% fewer open cases year over year and reflecting the long-term success of the program.

In total, the Case Management solution delivered **\$715,037 in annual savings** for a **return on investment of 2.3:1**.

Cost Containment & Engagement Results Driven by Case Management

\$715,037

in plan savings

2.3:1

return on investment

47%

average participation rate



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