

## CASE STUDY

# How Strategic Case Management Delivered \$715K in Savings for a 2.3x ROI

As the platform to simplify healthcare, Välenz Health® offers solutions to support health plans in optimizing the cost, quality, and utilization of care for everyone.

Through a longstanding partnership, Valenz helped a TPA group contain rising health plan costs while delivering high-quality care through its Case Management solution. By engaging early and often to guide members to smarter care choices, Valenz ultimately delivered \$715,037 savings and a total 2.3:1 return on investment for the group.

### Challenge

A TPA group in the Mid-Atlantic covering approximately 5,200 lives sought to contain rising health plan costs driven by high-risk member utilization and spend.

### Solution

To reduce unnecessary healthcare spend, Valenz deployed its Case Management solution (part of the Valenz Clinical Engagement suite) to identify high-risk members early in their care journeys.

Nurse Case Managers guide members through complex health episodes by helping them understand their condition and treatment options – monitoring rehabilitation and recovery progress, providing support for specialty medications, and evaluating prescription drug regimens to promote safety, effectiveness, and cost-efficient options.

Through this proactive, personalized approach, the Valenz team helps to reduce high-dollar claim events, containing plan spend while maintaining high-quality care for vulnerable populations.

### Results

Since implementing the Case Management solution, the TPA group has experienced significant improvement in cost containment and member engagement.

In 2025 alone, Valenz identified and referred 17% more high-risk opportunities for case management year over year. Average member participation with the program reached 47%, resulting in 20% fewer open cases year over year and reflecting the long-term success of the program.

In total, the Case Management solution delivered **\$715,037 in annual savings** for a **return on investment of 2.3:1**.

### Cost Containment & Engagement Results Driven by Case Management

**\$715,037**

in plan savings

**2.3:1**

return on investment

**47%**

average participation rate



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Savings and ROI calculations are based on internal analysis of client claims data. Results may vary depending on population risk profile and program engagement.